



## F2SBC MONTHLY LISTSERV UPDATE

## Kamloops Regional Hub

Supporting school districts 73 and 83

Secwepemc and Syilx territories

**Community Animator: Sonya Rokosh (she/her)**


## October Highlight



### Butler Urban Farm

The Butler Urban Farm is on the traditional and unceded territory of the Secwépemc. BUF is a community farm on the North Shore of Kamloops, where they grow food with the community, for the community.

The Butler Urban Farm was built by Jubilee Urban Movement and Partners (JUMP) Kamloops in 2015, and is now under management of the Kamloops Food Policy Council. The space has been built collaboratively by the many people who have spent time there over the years. The goals of the farm are two-fold: they want to grow as much food as possible in the space and also provide opportunities for people in the community to engage with the growing of the food. Everything grown is organic, drawing on principles of permaculture and regenerative agriculture to create rich, productive soil that can produce nutrient-rich vegetables.

All are welcome to join in sharing food, knowledge, time, and stories.

There are no fences around the property, yet there are suggested drop-in hours. For inquiries about hours, booking a field trip in the Spring, and further support, email [butlerurbanfarm@kamloopsfoodpolicycouncil.com](mailto:butlerurbanfarm@kamloopsfoodpolicycouncil.com)

## Opportunities

### Young Agrarians: Introductory Course for the Farm Curious

#### Ongoing online training, Next course series: Nov. 1st

Registration is now open! Pay what you can, more information here:

[youngagrarians.org/courses/how-to-start-farming](http://youngagrarians.org/courses/how-to-start-farming)

### kinSHIFT Training Open to Farmers

#### Online reconciliation training

Young Agrarians is partnering with kinSHIFT to offer subsidized training for farmers, please contact: [community@youngagrarians.org](mailto:community@youngagrarians.org)

### WGIFS: Wildfire Recovery GoFundMe

#### Call for donations

To recover and rebuild indigenous foods, infrastructure, and equipment that the Working Group for Indigenous Food Systems team lost in the fire. Donate at [gofund.me/261354af](https://gofund.me/261354af)

### October 20th, Pro-D: Community Food Field Trip

#### 9:30-2:15pm, Meet @ The Stir food hub

Join your regional animator on a tour of the Kamloops Food Bank, Butler Urban Farm, Mt. Paul Community Centre, and the Stir food hub. We will provide ingredients to make food together for lunch. If interested, contact [sonya.rokosh@farmtoschoolbc.ca](mailto:sonya.rokosh@farmtoschoolbc.ca). Small fee for enrollment.

### Shuswap Community Teaching Garden Workshop

#### Winterizing your garden & Work Bee, September 30th 3-6pm

Learn more about the Garden at [shuswapfood.ca/community-garden](http://shuswapfood.ca/community-garden) OR email Melanie: [projects@shuswapfood.ca](mailto:projects@shuswapfood.ca)

## Meet the Network



### Serena Caner, SD 83 Feeding Futures Lead

"Ring, ring, banana phone..." Does this face look familiar? Many of you will recognize Serena Caner, as she was the F2SBC animator for the Kamloops region from 2020-2022. Serena is the Executive Director for Shuswap Food Action Society, and as of last month was hired on as the lead for the management of the Feeding Futures funding for SD 83 North-Okanagan Shuswap. This year her primary focus is looking at managing workloads around school meal programs and getting staff pumped about feeding students!

The Shuswap Food Action Society (SFAS), a partner in SD83, is a charity that seeks to build community around local food. School food programs is one of their focus areas. This year, they are running a soup program that will be offered free to all students, and where soup ingredients are grown in the Shuswap!

## Provincial Updates

### For more provincial news sign up for our monthly F2SBC Newsletter!

[SIGN UP!](#)

### F2SBC School Garden Mentorship - Winterizing the Garden

#### Online workshop, Tuesday October 3rd, 3:30-4:30

From Jan to Oct 2023, F2SBC is offering a free, online mentorship program for educators in BC. Join the Oct 3rd workshop to learn about season extension, winter planting, and soil care. Sign up at [sgm23workshops.eventbrite.ca](https://sgm23workshops.eventbrite.ca)

### F2SBC School Grants - Open Oct 3rd to Nov 15th

It's that time of year again! Grant applications open on October 3rd and we will once again be offering both \$3,000 and \$1,000 grants. Find out more about eligibility and details at [farmtoschoolbc.ca/grants](http://farmtoschoolbc.ca/grants)

### Seed Grants, Farm to Cafeteria - Deadline Oct 27th

F2CC provides schools with access to funds, knowledge and inspiration to 'Dig in' to farm to school by making small, positive changes in their school food environments.. Learn more: [farmtocafeteriacanada.ca/seed-grants](http://farmtocafeteriacanada.ca/seed-grants)



TO SHARE AN UPDATE WITH THIS LISTSERV GROUP, EMAIL:

[f2s-kamloops-region-network@googlegroups.com](mailto:f2s-kamloops-region-network@googlegroups.com)